



low carb
»LOVE«

Dish and Dash at Robinette & Company Caterers

September 2026

LOW CARB / LOW SUGAR MENU

CHECK OUT OUR SATURDAY FREEZER SALE 9AM - 1PM



Monday	Tuesday	Wednesday	Thursday	Friday
	⁰¹ Beef and Cabbage Stir Fry LG - \$18.00 / SM - \$11.00	⁰² Jalapeno Popper Chicken Casserole LG - \$18.00 / SM - \$11.00	⁰³ Salmon Piccata w/Mashed Cauliflower LG - \$19.00 / SM - \$12.00	⁰⁴ Cashew Chicken w/Cauliflower Rice LG - \$18.00 / SM - \$11.00
CLOSED FOR LABOR DAY	⁰⁸ Philly Cheesesteak Stuffed Bell Peppers LG - \$19.00 / SM - \$12.00	⁰⁹ Creamy Broccoli and Beef Casserole LG - \$18.00 / SM - \$11.00	¹⁰ Tuscan Chicken w/Sauteed Spinach LG - \$18.00 / SM - \$11.00	¹¹ Spaghetti Squash Pizza Casserole LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL ¹⁴	¹⁵ Broccoli Bacon Ranch Casserole LG - \$18.00 / SM - \$11.00	¹⁶ Buffalo Chicken Casserole LG - \$18.00 / SM - \$11.00	¹⁷ Chicken Tamale Pie LG - \$18.00 / SM - \$11.00	¹⁸ Lemon Dill Salmon w/Roasted Broccoli LG - \$19.00 / SM - \$12.00
MONDAY MEAL DEAL ²¹	²² Cauliflower Dirty Rice LG - \$18.00 / SM - \$11.00	²³ Spinach Lasagna LG - \$18.00 / SM - \$11.00	²⁴ Pizza Zucchini Boats LG - \$18.00 / SM - \$11.00	²⁵ Grilled Eggplant Rollatini LG - \$18.00 / SM - \$11.00
MONDAY MEAL DEAL ²⁸	²⁹ Crack Chicken LG - \$18.00 / SM - \$11.00	³⁰ Garlic Dijon Salmon w/Asparagus LG - \$19.00 / SM - \$12.00	All reserved meals are subject to be sold if not picked up after 24hrs; Unless you request us to hold them for an additional amount of time	



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Robinette & Company Caterers, Inc. – Dish & Dash Menu

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